



## **Common Requests and Solutions for Special Consideration at Council Activities**

Cascade Pacific Council camps make every reasonable effort to meet the needs of campers/participants and have developed standard solutions for common requests:

### **Food**

Camp menus are posted online ([www.cpcbsa.org](http://www.cpcbsa.org)) a few months before camp. Although menus are subject to change, they give a good idea of the menu items planned. Camps can substitute many items for sugar free, vegetarian, dairy free and gluten free. If major departures from the menu are required, it is suggested that campers bring substitute ingredients and speak with the camp cook on arrival day. Campers are not permitted in the kitchen per state health department regulations, but the cook may be able to assist with minor menu substitutions. **Please submit a Special Needs Form to enable the camp to anticipate the need.**

### **Wheelchair access/ Limited-Mobility**

Each camp has at least one campsite which provides easier wheelchair access to tents, outhouses, and other campsite features. **Submit a Special Needs Form to enable the camp to place the unit in an appropriate campsite.** Be sure to submit the form several weeks prior to camp. Reminder: Camp trails are usually rough. Although, it is possible to make it to most areas of camp with a normal wheelchair it is suggested to have a wheelchair with off road tires to make mobility easier.

### **Vehicles in Camp**

Private vehicles are NOT PERMITTED in camp. The ONLY exception made is for persons with severe mobility limitations. A state-issued disabled parking permit is required and approval from the camp director MUST be granted in the form of a vehicle pass displayed at all times on the vehicle dashboard. As vehicles present a safety hazard for pedestrians on camp roads, this rule is strictly-enforced; only extreme circumstances warrant a vehicle pass.

### **CPAP machine (night-time breathing machine)**

For campers with CPAP machines, please know that campsites do not have electricity and sleeping is not available in buildings at camp. To prepare for camp, two options are suggested:

- 1) Avid campers may consider purchasing a battery-operated CPAP machine (one model known to be reliable at camp is the Transcend Travel CPAP Machine; many other models are also on the market). A good source for battery-powered CPAP machines is [www.cpap.com](http://www.cpap.com). If charging a battery-operated CPAP is required during daytime hours, the camp will provide an outlet.
- 2) Those who use a machine that requires 120v AC power (household current) can bring an inverter and an automobile battery.

This is a proven method for many campers over the past several summers. Camps will provide an outlet where automobile batteries can be recharged during daytime hours. Vehicles cannot be parked in or near campsites for the purpose of powering CPAP machines. **Please submit a Special Needs Form to enable the camp to anticipate the need.**

### **Injections**

Camp personnel are not authorized to administer regular injections. Campers who require injections need to administer their own injections or be accompanied by an adult trained and authorized (by parent/guardian in the case of a minor) to administer injections for that camper.

### **Sensory/ADHD/ASD etc.**

Each camp strives to offer a positive camp experience for each youth. If the camp staff are aware of specific sensory or other ASD/ADHD needs, the camp will do their best to minimize possible issues. In the event that a meltdown or shut down can not be avoided the camp staff would like to know how best to resolve that situation. **Please submit a Special Needs Form to enable the camp to anticipate the need.**

### **Other**

Each camp strives to offer a positive camp experience for each youth and adult. Please use this form for any other need that you feel the camp staff should know about before your arrival at camp. The camp staff will make every reasonable effort to accommodate your needs.